



# FOFO

SPA & SAUNA

TAUMEASINA ISLAND RESORT  
SPA TREATMENT MENU

[www.taumeasinainislandresortsamoa.com](http://www.taumeasinainislandresortsamoa.com)



## M A S S A G E

- 1. Relaxing Massage - 60min WST100 / 90min WST150**  
Considered the ultimate for relaxation, this traditional massage uses gentle kneading and rubbing techniques.
- 2. Swedish Massage - 60min WST100 / 90min WST150**  
It's a long stokes to relax tired muscles after strenuous physical activity.
- 3. Deep Tissue Massage - 60min WST110 / 90min WST160**  
This intense yet soothing massage combines Swedish and relaxing massage techniques using finger and elbow pressure to energy restores and flows throughout the body for improved circulation and wellbeing.
- 4. Hot Stone - 60min WST115 / 90min WST170**  
Stone therapy combines the human touch with a taste of nature to restore balance and vitality through massage. You will experience relaxation and healing at deepest level with hot stone relieving circulation and lymph flow.
- 5. Prenatal Massage - 60min WST110**  
Recommended only after 4<sup>th</sup> month, this relaxing and gentle massage supports the body and stimulates circulation.

- 6. Back, Neck and Shoulder Massage - 30min WST70 / 60min WST140**  
An effective therapy for relief of headaches and sinus congestion uses combination of massage.
- 7. Foot Reflexology - 30min WST70 / 60min WST140**  
the most therapeutically effective massage for feet commence with a foot bath and exfoliation, relieves lower body tension and improve circulation, stimulates and relaxes the body with pressure applied to specific areas of feet.



## **B O D Y   H E A L I N G   T R E A T M E N T**

1. Tropical Island Body Polish - 60min WST140  
Purifies you're an invigorating sugar scrub followed by a soothing application of coconut oil.
2. Tropical Island Moisturizing Wrap - 60min WST150  
A gentle sugar exfoliation, followed by a honey body butter application.
3. Sugar or Coffee Exfoliation - 30min WST75

## **W A X I N G / T H R E A D I N G**

- |                    |                        |
|--------------------|------------------------|
| 1. Eyebrow WST35   | 7. Full leg WST100     |
| 2. Full face WST60 | 8. Back WST80          |
| 3. Underarm WST40  | 9. Chest WST80         |
| 4. Half arm WST60  | 10. Bikini line WST70  |
| 5. Full arm WST80  | 11. Full bikini WST100 |
| 6. Half leg WST60  |                        |

## **F A C I A L   T R E A T M E N T**

1. Natural Facial - 40min WST80 / 60min WST150  
Use nature's intelligence to beautifully refresh your skin, the unique facial treatment uses a blend of natural ingredients, yogurt, honey, brown sugar, cucumber, milk and oatmeal to cleanse exfoliate the skin. A wonderful scalp massage is offered while you take pleasure in the natural mask.
2. Thalgo Facial - 40min WST120 / 60min WST180  
A mask of pure natural seaweed known for its beauty-enhancing properties, applied to re-mineralize and revitalize the skin. Thalgo heart of ocean relaxes the face muscles and relieves tension.

## **N A I L   T R E A T M E N T**

- |                       |                              |
|-----------------------|------------------------------|
| 1. Manicure WST60     | 4. Gel pedicure WST90        |
| 2. Pedicure WST80     | 5. Nail paint WST40          |
| 3. Gel manicure WST70 | 6. Gel/acrylic remover WST40 |



## SPA PACKAGES

### 1. Just For Queen - WST300

The ultimate in unwinding. Start your treatment with a Swedish full body massage, followed by sugar body scrub and culminating with a natural facial. Be prepared to feel pampered and very special from top to toe.

### 2. Just For King - WST300

Drain the excess stress away with either Swedish massage or deep tissue massage, followed by top to toe body exfoliation using natural botanical scrub and culminating with an spa pedicure.

### 3. Couples Treatment - WST500

A great way to spend time with someone special, unwind with either Swedish massage or deep tissue massage followed by body exfoliation and culminating with spa pedicure.

### 4. Pamper Day For Kids - WST120

The ultimate relaxing treatment for angels, start your treatment with full body relaxing massage and culminating with natural facial.

*Where memories are made*

To book please contact us on:

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