



FOFO
SPA & SAUNA



A Sanctuary of Wellness and Relaxation



MASSAGE

TUA'ULA SAMOAN MASSAGE:

60min WST90.00

The natural oils of latu and nonu leaves soothes the skin and releases muscular tension.

LOMI-LOMI HAWAIIAN MASSAGE:

60MIN WST \$90/ 90MIN WST140

Considered the ultimate for relaxation, this traditional massage uses gentle kneading and rubbing techniques.

TAUMEASINA DEEP TISSUE SIGNATURE MASSAGE:

60MIN WST99/ 90MIN WST150
This intense yet soothing massage combines Swedish and lomi lomi techniques using finger and elbow pressure to energy restores and flows throughout the body for improved circulation and wellbeing.

TIN DI BAMBOO MASSAGE:

60MIN WST99

Literally meaning Heaven On Earth massage, this unique and effective therapy helps relieve physical and emotional tension of modern day stress.

SWEDISH MASSAGE:

60MIN WST90 / 90MIN WST150

Uses aromatic oils for long strokes to relax tired muscles after strenuous physical activity.



HOT STONE:

60MIN WST100/ 90min WST160

Stone therapy combines the human touch with a taste of nature to restore balance & vitality through massage. You will experience relaxation & healing at deepest level with hot stone relieving circulation & lymph flow.

PRENATAL MASSAGE:

60MIN WST110

Recommended only after 4th month, this relaxing and gentle massage supports the body and stimulates circulation.

BACK, HEAD, NECK & SHOULDERS:

30MIN WST70 /60MIN WST140

An effective therapy for relief of headaches and sinus congestion uses combination of massage, sinus trigger point techniques and breathe inhalation Essence.

FOOT REFLEXOLOGY:

30MIN WST \$70 / 60MIN WST140

The most therapeutically effective massage for feet Commence with a foot bath and exfoliation, Relieves lower body tension and improve circulation, stimulates and relaxes the body with pressure applied to specific areas of the Feet.

BODY HEALING TREATMENT

TROPICAL ISLAND BODY POLISH:

60MIN WST120

Purifies your skin with an invigorating coconut/ sugar scrub followed by a soothing application of coconut oil.

TROPICAL ISLAND MOISTURIZING WRAP:

60MIN WST140

A gentle coconut exfoliation, followed by a honey body butter application and wrap.

POST- SUN & SUNBURN BODY TREATMENT:

60MIN WST99

An ideal treatment of aloe Vera and noni leaves to soothe and heal the skin.

WAXING

Eyebrow:	WST30
Lip & Chin:	WST30
Threading:	WST30
Full Face:	WST50
Underarm:	WST35
Half Arm:	WST40
Full Arm:	WST55
Half Leg:	WST50
Full Leg:	WST80
Back:	WST80
Chest:	WST60
Bikini Line:	WST50
Bikini	WST80

NAIL TREATMENT

Ex Mani:	WST40
Manicure:	WST60
Ex Pedi:	WST50
Pedicure:	WST80
Painting:	WST25
Gel Mani:	WST70
Gel Pedi:	WST90

FACIAL TREATMENT

NATURAL FACIAL: 40MIN WST80

NATURAL DELUXE: 60min WST130

Use nature's intelligence to beautifully refresh your skin, the unique facial treatment uses a blend of natural ingredients, yoghurt, honey, brown sugar, cucumber, fresh milk & oatmeal to cleanse exfoliate the skin. A wonderful scalp massage is offered while you take pleasure in the natural mask.

ANESI FACIAL:

40MIN WST110 / 80MIN WST150

Anesi products made in Spain, this facial works over time to eliminate blocked pores, rapidly accelerate skin repair and neutralizes impurities, provide long lasting defence against the damaging effects of daily pollutants, leaving the skin visibly clear and squeaky clean.

THALGO FACIAL:

40MIN WST120/60MIN WST180

A mask of pure natural seaweed, known for its beauty-enhancing properties, applied to re-mineralize and revitalize the skin. Thalgo heart of ocean relaxes the face muscles and relieves tension.





SPA PACKAGES

JUST FOR A QUEEN: 200MIN WST299

The ultimate in unwinding. Start your treatment with a Swedish full body massage, followed by an natural facial and culminating with a deluxe spa manicure and pedicure. Be prepared to feel pampered and very special from top to toe.

JUST FOR A KING: 150MIN WST200

Drain the excess stress away with either a lomi lomi massage or Swedish massage, followed by top to toe body exfoliation using natural botanical scrub and culminating with an deluxe spa pedicure.

COUPLES TREATMENT: 150MIN (each) WST460

A great way to spend time with someone special, unwind with either lomi lomi massage or Swedish massage followed by body exfoliation and culminating with spa pedicure.

PAMPER DAY FOR KIDS: 60MIN WST100

The ultimate relaxing treatment for angels, start your treatment with back massage, followed by foot massage and culminating with natural facial.

Experience authentic healing treatments and massages by Pacific Islanders who have for generations used native ingredients and practices to support wellbeing.

For more information and bookings

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